

## 3. Methodology

This section outlines the research design, data collection methods, and analytical procedures adopted to address the research objectives.

### 3.1 Research Design

A mixed-methods approach was employed, integrating both quantitative and qualitative data to provide a comprehensive analysis of the research questions. The study was implemented in two phases: a survey-based quantitative phase followed by semi-structured qualitative interviews.

### 3.2 Participants

Participants were randomly selected from a cohort of undergraduate students at XYZ University. Inclusion criteria required participants to be enrolled full-time and over the age of 18. In total, 150 students completed the survey, with 12 participating in follow-up interviews.

### 3.3 Data Collection Procedures

#### 3.3.1 Survey Instrumentation

A structured questionnaire was administered online, consisting of closed-ended and Likert-scale questions designed to evaluate attitudes and experiences related to the research topic. The questionnaire was piloted with a small group to ensure clarity and validity.

#### 3.3.2 Interview Protocol

Qualitative data were gathered through semi-structured interviews. Interview guides were developed based on preliminary survey findings. All interviews were audio-recorded with consent and later transcribed for analysis.

### 3.4 Data Analysis

Quantitative data were analyzed using descriptive and inferential statistics with SPSS software. Qualitative transcripts were coded thematically, with recurring concepts identified using a grounded theory approach.

### 3.5 Ethical Considerations

The research received ethical approval from the XYZ University Institutional Review Board. All participants provided informed consent, and data confidentiality was strictly maintained.

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## Important Notes

- The methodology should be detailed enough to allow replication by other researchers.

- Clearly define sampling methods and data collection instruments.
- Ethical approval and participant consent are essential for research validity.
- Organize subsections logically (e.g., Design, Participants, Instruments, Procedures, Analysis).
- Use past tense when describing completed methods.